

DR. GEORGE J. GOODHEART, JR., D.C.'S LIBRARY, FOUNDER OF APPLIED KINESIOLOGY, NOW AT THE PALMER CHIROPRACTIC COLLEGE

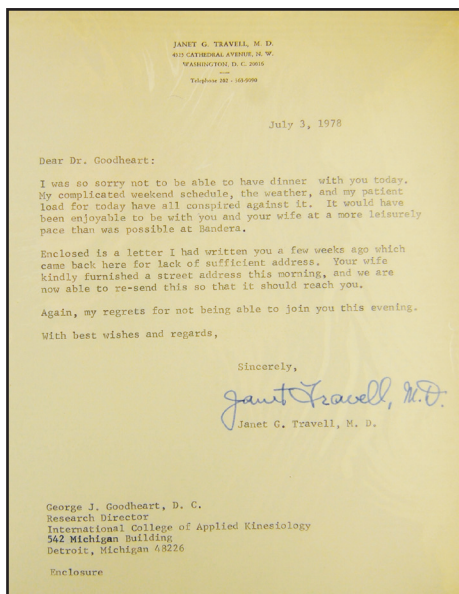


**Submitted by: Scott CUTHBERT
ICAK USA Board Member**

Palmer College recently announced, in its Palmer Highlights:

"The David D. Palmer Health Sciences Library is pleased to announce the acquisition of the George J. Goodheart Jr. Library, a collection consisting of over 1400 books, 200 journals, 150 trays of slides, 100 artifacts, and 12 scrapbooks. After the death of George Goodheart, D.C. (National College of Chiropractic '39) in 2008, his widow, Mrs. JoAnn Goodheart, was advised by the board of the International College of Applied Kinesiology to donate his extensive collection to Palmer College. Dr. Goodheart was the founder of the International College of Applied Kinesiology, and lectured extensively throughout the world.

"The board recommended



Dr. Goodheart received many letters from his friend Janet Travell, M.D. Dr. Travell credited Dr. Goodheart with discovering another valid method for the diagnosis of myofascial trigger points (using the manual muscle test)

Palmer College because of our reputation for excellence in historical preservation," said Alana Callender, Senior Director of the Palmer Foundation for Chiropractic History at Palmer College. "The materials that were donated will become part of the Library's collection, with most being placed in Special Collections. A number of artifacts will become part of the Museum collection."

A reception was held in the David D. Palmer Health Sciences Library during Homecoming in honor of Mrs. Goodheart's donation and in honor of Dr. Goodheart's accomplishments. Mrs. Goodheart, the Board of Directors of the International College of Applied Kinesiology, and many Applied Kinesiology practitioners were in attendance.

According to the International College of Applied Kinesiology, "In 1964, Dr. George Goodheart made the first correlation between finding a weak muscle using manual muscle testing and then employing chiropractic therapy to make it stronger. ... [He] wrote many works on Applied Kinesiology and lectured on the topic often. Among his many professional honors, he was the first chiropractor to serve on the U.S. Olympic Medical Team in 1980."

Dennis Peterson, Senior Director of Library Services, added: "We are pleased with Mrs. Goodheart's donation of Dr. Goodheart's papers and artifacts. His collection enhances our growing Special Collections materials from prominent chiropractors and chiropractic scholars. The

DR. GEORGE J. GOODHEART, JR.:

- Introduced standardized manual muscle testing as a method of physical diagnosis into the chiropractic profession in 1964 and expanded the clinical usefulness of the MMT until his death in 2008.
- Dr. Goodheart lectured at all of the CCE approved colleges in the United States as well as in Australia, Canada, Japan and Europe.
- He began the chiropractic profession's publication of peer-reviewed literature in the medical journals at the very start of the "evidence-based medicine" movement (1976).
- He was the first chiropractic physician asked to serve on the U.S. Olympic Sports Medicine Committee for the 1980 Lake Placid Games (many of the uniforms and other chiropractic firsts from that experience are in the possession of the Palmer Library and available to students for review)
- He was a charter member of the American Chiropractic Association
- He was a director of the National Chiropractic Mutual Insurance Company (N.C.M.I.C.) from 1974-1989.
- Dr. Goodheart was a friend and co-instructor with Janet Travell, John Upledger, Royal Lee, Emanuel Cheraskin, Harold Gelb, and many other luminaries in the history of manual medicine, nutritional therapy, dentistry, osteopathy and other manual methods around the world.
- Dr. Goodheart spoke at the Palmer Homecoming in 1974 and received the Distinguished Service Award from the College in 1974 and 1975.
- Based on his work many other chiropractic systems used by thousands of practitioners of health care have developed.
- His numerous awards and citations are now available for review by Palmer students and chiropractic historians in the Palmer Library.



Dr. Goodheart treating U.S. Olympian ski-jump and cross-country athlete Gary Crawford - 2/17/80

Library's Special Services department's mission is to preserve the profession's heritage and to support its historical scholarship. Dr. Glenda Wiese and her staff's reputation for securing, preserving and appropriately accessioning other donated chiropractic special collections played a key

role in Mrs. Goodheart's decision, and for their dedication we all will benefit."

The Palmer student body (and future chiropractic historians) will now be able to review the life history of Dr. Goodheart in the college library. 🏠

